

## Outpatient Joint Check List

- Booking Sheet
- Consent form
- Labs – must be completed within 30 days.
  - CBC
  - UA + type and screen
  - Hemoglobin A1c (diabetics only)
  - Pregnancy test (anyone of childbearing age unless had hysterectomy/tubal or postmenopausal for 1 year)
  - EKG – female >45 or cardiac history; male >55 or cardiac history (good for 90 days)
  - COVID – facility guidelines
- Medical Clearance – must be completed within 30 days.
- Imaging
  - Total knee
    - Ball with marker
    - Long leg
  - Total hip
    - Ball with marker
- Patient education handouts
  - Medication expectations
  - Total hip
    - Total hip packet
    - Hip precautions
  - Total knee
    - Total knee packet
    - Total knee home exercise program
- Physical therapy
  - Set up 1<sup>st</sup> postop appointment.

- Walker training
- Prescription
  - Patient to pick up prior to surgery day.
- Home equipment – patient dependent
  - Walker
  - Game-ready
  - Toilet seat riser